

Limbic Resonance or (Resonance)

By: Bob Olson - May 13, 2017

Music: The Dancing Betty (lively) by Chris Sackett

AABB (32 bars) x5 ~105 BPM

recorded by Roguery on CD "Impropriety Vol. II"

Formation: 4 Couple Longways Becket

Fig. 1

- A1 1 - 8 Women cross, R-shoulder round opposite to figure 8 around men, end home
- A2 1 - 8 Men cross, L-shoulder round opposite to figure 8 around women, end home
- B1 1 - 2 Men change R-shoulder
- B1 3 - 4 Women change R-shoulder
- B1 4 - 8 Circle 4-hands to left once round
- B2 1 - 4 Ends 3/4 gate middles to end in line of 4 across
- B2 5 - 8 Set and turn single

Fig. 2

- A1 1 - 8 Top couples 1/2 fig. 8, turn R-hand back to place
- A2 1 - 8 Bottom couples 1/2 fig. 8, turn R-hand back to place
- B1 1 - 8 All circle left once round
- B2 1 - 4 Ends 3/4 gate middles to end in line of 4 on sides
- B2 5 - 8 Set and turn single

Note: The set will continually change between longways (fig. 1) and across (fig. 2).